

Mental Health Resources:

If your student feels that they would benefit from counseling or therapy, please know there are many community options for counseling. Below is a list of agencies around Chicago that offer mental health support:

Advocate Illinois Masonic Behavioral Health

Phone: 773-296-3220

Address: 938 W. Nelson, Chicago, IL 60657

Services: Mental health, psychiatric, and substance abuse services for children and adolescents. Individual and group. Also offer an adolescent after school program for at-risk youth on M, W, and F.

Hours: Mon-Thurs 8:30am-9pm, Fri 8:30am-6pm. Accept sliding scale, public aid, and private insurance. Language: Spanish, French, and English

Neighborhood: In Lakeview, services all of Chicago.

Website: www.advocatehealth.com/immc/services/other/mental.html

Association House

Phone: 773-772-7170

Address: 1116 N. Kedzie, Chicago, IL 60651

Services: Private and public insurance accepted. Call for further information. Service children ages 3 to 17. Hours: Mon-Fri 8am-8pm.

Contact Person: Sarah Bisono

Neighborhood: Services catchment areas of Hermosa, West Town, Humboldt, and Logan Square. Services in English and Spanish.

Website: www.associationhouse.org

Bobby Wright Behavioral Health Center

Phone: 773-722-7900

Address: Inpatient -9 S. Kedzie Avenue, Chicago, IL 60612

Intake, 17 S. Kedzie Avenue, Chicago, IL 60612

3525 W. Jackson-residential

Services: Mental health, substance abuse, dual diagnosis, and psychiatric services. Also has day program for developmentally disabled adults. Take public aid and sliding fee scale. Services in Spanish and English. Walk-ins only for intake, 8-5 M-F. Other services 9-5. Serves children and adults. Located on the west side of the city.

Contact Person: Intake

Neighborhood: Serves all of Chicago

Website: www.bobbywright.org

Cathedral Counseling

Phone: 312-252-9500

Address: 50 East Washington, Suite 301(The Garland Building), Chicago, IL 60602

Services: Serves primarily adults and late teens. Individual, couples, group and pre-marital counseling. Short and long-term therapy, and have a sliding fee scale. The lowest fee they charge is \$40/session for someone with an income of \$20,000 or less, have psychiatrist on staff. Spanish speaking services available. Take regular insurance and Medicare, no public aid.

Neighborhood: Office is downtown, also have satellite offices in Hyde Park and Evanston. Serves all of Chicago area.

Website: www.cathedralcounseling.org

Center for Family Health

Phone: 312-372-4745

Address: 20 N. Wacker Drive, Suite 1442, Chicago, IL 60606

Services: Therapy for children, adults, and families. They do not take public aid. Take private insurance and work on sliding fee scale.

Neighborhood: Downtown location, serves all of Chicago

Website: <http://www.ccfhchicago.org>

Chicago Lakeshore Hospital

Phone: 773-878-9700

Toll free assessment and referral hotline: 800-888-0560

Address: 4840 N. Marine Drive, Chicago, IL 60640

Services: Inpatient and outpatient mental health. Individual and group. See children and adults. Children up to age 20, take public aid and private insurance. Adults-private insurance and Medicare. Sliding fee scale for outpatient only. Will do assessment and referral for uninsured/undocumented population. Serves ages 3-adult. English and Spanish-speaking clinicians on staff.

Neighborhood: On north side, services all areas of the city.

Website: www.chicagolakeshorehospital.com

C4-Community Counseling Centers of Chicago

Phone: Call and ask for intake, 773-769-0205, 773-365-7277 for child/adolescent

Address: 4740 N. Clark, Chicago, IL 60640

Adolescent site is at 2542 W. North Avenue, Chicago, IL 60647

Services: Provide therapeutic services for all ages, site specific depending on age and geo code. Take private insurance and public aid. Sliding fee scale slides to \$5/session minimum. Psychiatrist on staff. You would have to give them specifics about your insurance. General mental health, psychiatric services, substance abuse located at 4007 N. Broadway, 773-305-1101. Offices all over the north side. Spanish-speaking facility at 2525 N. Peterson, 773-506-2525. Mental health and psychiatric services for children and adolescents. Individual and family treatment. Also have SASS services. Ages: 0-18

Hours: Mon-Fri, 9am-8pm

Contact Person: Intake department

Neighborhood: Locations throughout city. Call intake line to be forwarded to proper location.

Website: www.c4chicago.org

Counseling Center of Lakeview

Phone: 773-549-5886

Address: 3225 N. Sheffield, Chicago, IL 60657

Child & Adolescent site is at 1400 W. Greenleaf

Services: (who is accepted, age limitations, types of insurance accepted, Medicaid, private insurance, HMO's, PPO's, etc): Private insurance and public aid accepted. Sliding fee scale offered based on demonstrated need. Serves ages 3 and up. Bilingual services available.

Contact Person: Intake dept.

Neighborhood: (location of office, and neighborhoods served by that location): In Lakeview and Roger's Park. Serves all neighborhoods.

Website: www.cclakeview.org

Family Institute-affiliated with Northwestern University

Phone: 847-733-4300, press zero at prompt, ask for intake coordinator

Address: 8 S. Michigan Avenue, Suite 500 (Madison & Michigan)

Evanston, The Family Institute at Northwestern University

Bette D. Harris Center, 618 Library Place, Evanston, IL 60201

Services: Therapy for children, adults, families, groups, and couples. Take different types of insurance, call for more information. Work on sliding fee scale for low-income.

Contact Person: Intake

Neighborhood: downtown and Evanston, anyone can receive services from any location

Website: www.family-institute.org

Family Services Mental Health

Phone: 708-656-6430

Address: 5341 W. Cermak, Cicero, IL 60804

Hours: Mon-Fri 9am-5pm, evening by appointment

Services: Mental health, psychiatric, parent education, parent support groups, parenting classes and marital counseling

Fees: Sliding scale (based on income and family size), public aid, and private insurance
Cicero [No initial fee for first interview]

Language: English/Spanish

Metropolitan Family Services

Phone: 773-371-3700

Address: 3249 N. Central Avenue, Chicago, IL 60634

Southside: 3062 E. 91st Street, Chicago, IL 60617, phone: 773-371-2900

Services: Mental health and psychiatric. Hours, Mon-Fri 8:30-5. Sliding fee scale, public aid, and private insurance. Services in Spanish and English.

Neighborhood: Southeast side of Chicago, North and west sides, and Midway. Service clients all over Chicago.

Website: www.metrofamily.org

Northwestern Memorial Hospital

Phone: 312-926-8100

Address: 446 E. Ontario, Chicago, Illinois 60611

Services: Mon-Fri, 9am-5:30pm. Mental health, psychiatric, and substance abuse services for people ages 21-64. Also service older adult population. Accept public aid, sliding scale, and private insurance.

Contact Person: Intake

Neighborhood: downtown, services all of Chicago

Website: www.nmh.org/nmh/specialtiesandservices/medicalspecialties/psychiatry/main.htm

Northwestern Memorial Hospital, Warren Wright Adolescent Center

Phone: 312-962-8200

24-Hour Crisis line: 312-962-8100

Address: 446 E. Ontario

Services: Therapeutic services for teens. See above for insurance information.

Neighborhood: Services all of Chicago

Parenthesis

Phone: 708-848-2227

Address: 405 South Euclid Avenue, Oak Park, Illinois 60302

****programs besides morning support group limited to River Forest, Oak Park, and Forest Park****

Services: For teen parents: Parenteen (goes till 21 years of age), Weekly support group (Wed: 5:30-7:30), Home visits, referrals, meet with 2 social workers, phone contact

Hear Our Stories: The parents can go to local middle school and high schools and tell what it is like to be a teen parent

Fee: No fee. Free food, transportation, child care

Services: For single parents: (especially re: postpartum depression)

Pilsen Wellness Center

Phone: 773-579-0832

Address: 2319 S. Damen, Chicago, IL 60608

Services: Mental health, substance abuse, and psychiatric services for teens. Also provide pregnancy prevention services for teens. Accept public aid, sliding fee scale, and private insurance. Services in Spanish and English.

Contact Person: Intake

Neighborhood: Pilsen-Little Village

Website: www.pilsenmh.org

Mt. Sinai-Child and Adolescent Program

Phone: 773-257-4750

Address: 1500 S. California, Chicago, IL 60608

Services: Public aid, no sliding fee scale, see up to 17 years old for teen program. Separate adult program at different site.

Contact Person: Intake

Neighborhood: South side

Pillars

Phone: 708-795-4800

Address: 6918 W. Windsor, Berwyn, IL 60402

Services: Mental health, psychiatric, and substance abuse services. Self-pay and public aid clients must live within the catchment area, which is Berwyn, Will accept self-pay and public aid *children* from Cicero as well. Clients with private insurance can come from anywhere.

Hours: Mon-Thurs, 8:30am-9pm; Fri-8:30am-5pm, Sat-8:30am-12:00pm by appointment Services all ages. Sliding scale, public aid, and private insurance,

Language: Spanish/English.

Website: www.pillarscommunity.org

SGA Youth & Family Services

Phone: 312-663-0305

Address: 11 E. Adams, Suite 1500, Chicago, IL 60603

Services: Individual, family, and group counseling, school-based services, juvenile justice programming, and parents too soon program. Services provided by community. Program-based referrals. Hours: Mon-Fri 8:30-5. Ages: 10-17, as well as their families. **Fees:** Free of charge.

Language: Spanish/English

Website: www.sga-youth.org

Saint Mary's of Nazareth Hospital

Phone: Central Access Phone Number for outpatient, 708-410-0615

Address: 1127 N. Oakley, Chicago, IL 60622, Professional Building, 3rd Floor

Services: mental health, substance abuse, anger management, domestic violence, DUI's, chronically mentally ill. Fees: Public aid, sliding scale, and private insurance

Hours: Mon-Thurs 8:30-7, Fri-8:30-5. Ages: 3-adult. Languages: Spanish/English/Polish

Website: www.access.reshealth.org

World Relief: Refugee Mental Health Program

Phone: 773-583-9191

Address: 3507 W. Lawrence Ave, Suite 208, Chicago, IL 60625

Services: Refugee mental health program. Individual, group (will form group if 4 or more clients have similar problems), case management, family, parent consultation, parent education, monthly parenting meetings. Resettlement, English classes, immigration services

Serves mainly refugees, provide mental health services for clients from infants to seniors.

Languages: Bosnian, Albanian, Arabic, Swahili, Mai, French, Italian, Korean, English, more.

Fees: mainly free (first meeting for immigrant services is \$30) Citizenship: free